

**SAINT-ANICET  
IS ALSO**



**L'ÉCHO**   
Municipalité de Saint-Anicet  
*Saint-Anicet, un lac, une campagne, une passion*

**MUNICIPAL BULLETIN**

*Municipalité  
de Saint-Anicet*  
**To live and to discover**

**TOWN HALL**  
335 Jules Léger Avenue  
Saint-Anicet (Québec) J0S 1M0

**Open Monday to Thursday**  
9 am to noon and 1 pm to 4:30 pm

**HOLIDAY SCHEDULE**

The Town Hall will be closed from  
**December 23 at noon, to December 31st,**  
**2021.**

We will be back Monday, January 3, 2022.

# DECEMBER 2021

**CONTACT US**  
E-Mail: [info@stanicet.com](mailto:info@stanicet.com)  
Telephone 450 264-2555  
Fax 450 264-2395

 **Municipalité de Saint-Anicet**

**STANICET.COM**

## *A word from the mayor...*

Thank you, thank you, thank you to all citizens of Saint-Anicet who made it possible for me to be elected mayor for a second term. It's a privilege to represent all citizens of our beautiful municipality and I make the commitment to serve all for the next four years. Let's get together for the future, let's work together as members of the same community. In these uncertain times, my greatest commitment is to be your voice so that the council works to realize common objectives.

We have lots of work to do, I'm ready and glad to work for you. I want to be as accessible and proactive as possible, presently we are setting up a public consultation to be held on February 5, 2022 at 9 am to hear your requestS and then the council will prioritize them.

At the municipality, the team is made up of the mayor, councillors and employees who are the key to the success of a healthy municipality. We are ready to meet the challenges, work without stop to ensure lasting and meaningful improvements in our municipality.

It's with great pleasure that I introduce the team :

Councillor, District 1; Ms Ginette Caza,  
 Councillor, District 2; Mr Marius Trépanier,  
 Councillor, District 3; Ms Audrey Caza,  
 Councillor, District 4; Ms Sylvie Tourangeau,  
 Councillor, District 5; Ms Anne-Marie Leblanc,  
 Councillor, District 6; Ms Lyne Cardinal,  
 Managing director : Mr Denis Levesque  
 The municipal employees

With the support of the community and the leadership of the municipal council, as well as the dedication of the municipal employees at all levels of the organization, community partners and residents, we will build a municipality imagined by the citizens that we serve while staying on the road to becoming a « municipality that inspires».

*Saint-Anicet is an extraordinary municipality with an incredible potential especially now..*

This time of year is a unique occasion to get closer to those we love and with whom we share values, likes or friendship. The members of the council and the personnel of the municipality of Saint-Anicet wish to take this time to wish you and your family a wonderful holiday. May you live precious moments with those you love. May 2022 bring you prosperity, health, success and that it be synonymous with great achievements.

I await your comments and I invite you to contact me any time at [gmoretti@stanicet.com](mailto:gmoretti@stanicet.com) or at the municipality at 450 264-2555 ext. 16. Take care of yourself and enjoy the holiday to come. I look forward to speaking with you.



*G. Moretti*  
 Ginio Moretti  
 Maire Mayor

### **YOUR COUNCILLORS**

**Ginette  
 Caza  
 District # 1**

**Marius  
 Trépanier  
 District # 2**

**Audrey  
 Caza  
 District # 3**

**Sylvie  
 Tourangeau  
 District # 4**

**Anne-Marie  
 Leblanc  
 District # 5**

**Lyne  
 Cardinal  
 District # 6**



**NEXT MUNICIPAL COUNCIL MEETINGS: JANUARY 10, 2022 & FEBRUARY 7, 2022 AT 7 PM  
 COUNCIL CHAMBER LOCATED AT 333, AVENUE JULES-LÉGER (Public admission with limited capacity.)**



**Multigeneration park**

This project under the action plan of MADA 2017 will finally see the light of day thanks to government aid under the PRIMADA program. A \$100,000 grant to realize this growth project. Our community is made up of various generations, this park will be for all, a children’s playground, exercisers for the elderly, an area to use culture or simply to relax and enjoy the beauty of lake St-François.

The announcement was made with Huntingdon MNA Ms Claire Isabelle with mayor Gino Moretti.



To validate the financial information of this project, 3 calls to tender were given:

Products	Price (plus tax)
Solar lighting	\$ 89, 970.00
Playground equipment, exercise machine	\$ 103, 248.58
Excavation, laying-out, movables	\$ 377, 348.75
<b>TOTAL</b>	<b>\$ 570, 567.33</b>
Less PRIMADA grant	\$ 100, 000.00
Amount to be paid with loan bylaw #535	\$ 470, 567.33

*Denis Lévesque*  
 Managing director  
 335 Jules Léger Avenue  
 Saint-Anicet (Québec) J0S 1M0  
 Telephone : 450 264-2555 ext. 11  
[dg@stanicet.com](mailto:dg@stanicet.com)



PUBLIC NOTICE is hereby given by the undersigned, managing director and secretary-treasurer of said municipality, by virtue of article 148 of the Quebec Municipal Code, concerning the schedule of council meetings for the year 2022.

- |                                  |                                   |
|----------------------------------|-----------------------------------|
| Monday, January 10, 2022 at 7 pm | Monday, July 4, 2022 at 7 pm      |
| Monday, February 2, 2022 at 7 pm | Monday, August 1, 2022 at 7 pm    |
| Monday, March 7, 2022 at 7 pm    | Monday, September 6, 2022 at 7 pm |
| Monday, April 4, 2022 at 7 pm    | Monday, October 3, 2022 at 7 pm   |
| Monday, May 2, 2022 at 7 pm      | Monday, November 7, 2022 at 7 pm  |
| Monday, June 6, 2022 at 7 pm     | Monday, December 5, 2022 at 7 pm  |

Given in Saint-Anicet, this 7<sup>th</sup> day of December 2021

# A WORD FROM THE DEPARTMENTS

## Fire department



### October and November 2021 report

<b>17</b>	<b>Total calls</b>
<b>5</b>	<b>Fires &amp; accidents</b>
<b>9</b>	<b>Emergency calls (medical or trauma)</b>
<b>3</b>	<b>Varied</b>



### HOLIDAY SEASON TIPS

- Install your Christmas tree away from a heat source (electric baseboard, heater, fireplace, etc).
- Place the natural fir in a container filled with water and water the foot of the tree every day.
- Select CSA or ULC approved lights. Check that they are in good condition and installed according to manufacturer's instructions.
- Turn them off at night or before you leave your residence.
- Constantly monitor foods that cook.
- Do not store anything in the oven or on the cooking surface.
- Be sure to turn off the cooking appliances before leaving the room or your home.

**HAPPY HOLIDAYS!**

## Public works

# Modification to the pick up schedule for the holidays

Garbage for zone 4 and 6 pick up will be **December 23, 2021**.

Recycling for the **green sector** will be on **December 28**, for the **blue sector**, pick up will be **December 29** and for the **red sector**, pick up will be **December 30, 2021**.

## Xmas tree pick up

Pick up of natural Christmas trees will be from **January 4 to 13, 2022**. Place your tree at the curb next to your bin and make sure all decorations have been removed.

## To help make pick ups easier

Please **clear** the snow and **deice** around your bins during the winter.

**Gabriel Trevino**

Director of Public works  
Municipal garage  
5001 route 132,  
Saint Anicet (Québec) J0S 1M0  
Telephone: 450 264-4302  
[gtrevino@stanicet.com](mailto:gtrevino@stanicet.com)



# Urban Development

## 2021 new bylaws

During 2021, pilot projects were adopted and there have been modifications to the urban development bylaws. Here are a few of these:

- Bylaw 540 authorizing keeping hens as a pilot project which applies to the entire territory except in the agricultural zone. There are conditions and norms to respect and getting a permit is necessary;
- Bylaw 541 authorizing use of a trailer (s) on land with a separate one-family home as a pilot project. There are conditions and norms to respect. Getting a permit is required;
- It is now permissible to set up or construct a shed with a maximum area of 12 square metres on a vacant lot getting a permit is required ;
- It is now permissible to set up or construct two sheds on a property with a main building, either attached to the building and one separate or two separate sheds, getting a permit is required;
- Increase the maximum surface of a garage;
- Establishing norms to manage setting up short term rentals (e. Airbnb) including the obligation of obtaining an occupation permit from the municipality;
- Updating the norms concerning pools following modification of the provincial laws;
- Modification of norms for parking of utilitarian and recreational vehicles;
- Enlarging zone M-104 to allow mixed usages in the village of Saint-Anicet;
- Adding norms concerning the ceding or payment to establish parks, playgrounds and nature spaces on the territory of the municipality during certain developments.

## Night parking

It is prohibited to park or immobilize one's vehicle on a public road between midnight and 6 am from November 15 to April 15 and this, on the entire territory of the municipality.

## Storage of firewood on a lot where a residential building is erected

Storage of firewood is permitted in the side and back yards. The wood must be piled up and corded, must not obstruct a door or window and must not be higher than 1.5 metre.

*Andrea Geary*

Inspector and urban developer  
335 Jules Léger Avenue  
Saint-Anicet (Québec) J0S 1M0  
Telephone : 450 264-2555 ext. 15  
[ageary@stanicet.com](mailto:ageary@stanicet.com)



**Horaire régulier**  
**Heures d'ouverture**  
**Mardi**  
 17 h à 20 h  
**Mercredi au vendredi**  
 13 h à 16 h  
**Samedi**  
 9 h 30 à 12 h

**Horaire du temps des fêtes**  
 2021

**Mardi 28 décembre 2021**  
 17 h à 20 h  
**Mercredi 29 décembre 2021**  
 13 h à 16 h

De retour à l'horaire  
 régulier le 4 janvier 2022

Joyeux temps des fêtes!

Quelques nouveautés sur les rayons

- ♦ *Beauchamp Hall*  
(Danièle Steel)
  - ♦ *Apollo, mission meurtrière*  
(Chris Hadfield)
  - ♦ *L'homme-miroir*  
(Lars Kepler)
  - ♦ *Un homme tout simplement*  
(Janette Bertrand)
  - ♦ *Offrandes musicales*  
(Michel Tremblay)
  - ♦ *Douce, douce vengeance*  
(Jonas Jonasson)
  - ♦ *Je passe à table*  
(Lara Fabian)
  - ♦ *Mes nouvelles histoires*  
(Jean Chrétien)
  - ♦ *La sage SNC-Lavalin*  
(Vincent Larouche)
  - ♦ *Femme-forêt*  
(Anaïs Barbeau-Lavalette)
- Et bien plus encore!

## Bibliothèque municipale-scolaire

<http://www.reseaubibliomonteregie.qc.ca/fr>  
<https://stanicet.com/bibliotheque>  
 1547, route 132, Saint-Anicet, Québec, J0S 1M0  
 450-264-9431  
 biblio@stanicet.com  
 Suivez-nous sur facebook/Municipalité-de-Saint-Anicet



**Biblio**  
 QUALITÉ



### ON S'AMUSE À L'HEURE DU CONTE

**Samedi le 22**  
**janvier 2022**

**De 10 h à 11 h**

*Thème : La neige*

*Toujours une nouveauté littéraire jeunesse à découvrir!*

**TU PEUX MÊME VENIR EN PYJAMA!**

Pour les enfants de 3 à 7 ans.

Places limitées, réservation requise.

**Samedi le 19**  
**février 2022**

**De 10 h à 11 h**

*Thème : L'amour*

**Raconte-moi**  
  
**1001 histoires**

Découvrez ce programme ludique  
 à votre bibliothèque!



Un programme d'éveil à la lecture  
 pour les enfants de 0 à 6 ans

Lisez  
**VOS MAGAZINES**  
**PRÉFÉRÉS**  
 en numérique

**GRATUIT**  
 AVEC VOTRE  
 ABONNEMENT À  
 LA BIBLIOTHÈQUE



## Recreation and events

### Christmas in the Village

On Saturday, December 18, the Christmas event organized by the Municipality of Saint-Anicet, took place in the village  
Many thank you's are necessary ...

Thank you to the Optimist Club for their omnipresence, their creativity and their good cheer. The chicken broth was a perfect way to keep warm. Thank you to the Saint-Anicet Historical society for their involvement and the creation of the marvelous exhibition that was displayed for visitors. A most pleasant site to visit.

Thank you to the Cercle des Fermières de Saint-Anicet for their delicious pastries!

A big thank you to all the municipal employees and volunteers who participated in setting up and dismantling the event. Your help was most precious.

Thank you to the Saint-Anicet Fire Department for being there while the weather permitted. Your dedication is priceless.

Thank you to all the merchants and local producers who came to this beautiful day to allow us to discover their products.

In spite of the changing weather, the joy and magic of Christmas was present. It's thanks to all the participants and workers of the event!

I wish you very happy holidays! Health, peace and happiness to the entire population of our beautiful Municipality.

Here's hoping to create more magic for you in 2022!



**Fannie Fournier**  
Head of the library  
municipal-school and activities of Saint-Anicet  
1547, route 132,  
Saint-Anicet (Québec) J0S 1M0  
Telephone: 450 264-9431  
[biblio@stanicet.com](mailto:biblio@stanicet.com)



Stay tuned for upcoming activities throughout the year.

# THE ORGANIZATIONS

## 2021-32nd Deer hunt tournament of the CLC

\*THANK YOU 🦌 to the 152 participants to the 2021- 32nd Deer hunt tournament of the CLC.

\*THANK YOU to the sponsors

Clc Cazaville, SAIL, L'Unick Chasse Et Pêche, Himbeault Gibier, STEBAS \* Fishing and Hunting \*  
\$ 2 850 in prizes, the CLC made a profit of \$ 690.



Here are the winners 🦌🏆🏆🏆 :

\*Denis Legros largest buck 🦌 211 lbs, 8 points \$ 200

\*Pascal Legros largest female 🦌 128 lbs. \$ 150

Wheel draw 🎰 (less the winners of the largest buck and largest female)

\*Mario Montpetit consolation prize for weighing in his game \$ 50

\*Martin Pilon consolation prize for weighing in his game \$ 50

Congratulations to the winners of participation prizes.

In closing, once again thank you for following \*Live\* and thanks to all who made the 32nd tournament a success.

## The CLC Banker: Christmas holiday edition 🎄🎁🎁/ 🎄🎁🎁

Tuesday, December 28, 2021 at 7 pm on \*Live\* on the CLC Facebook page.

Thanks for participating in large numbers, the 50 cases 🎁 were taken in a few days only.

We are always ready to receive partners/sponsors who wish to offer to the CLC a prize 🎁 to fill the cases 🎁..., Thank you for your generous collaboration to those who already gave prizes 🎁🎁 as well as to those who will give shortly.

Don't forget to follow \*Live\* December 28 at 7 pm on the CLC Facebook page.

## General meeting

The present CLC committee has been in place since October 2019 and we will have a general meeting on Tuesday January 11, 2022.

We invite you to participate, to get involved ,if you wish ,as a volunteer or future member of the committee, the CLC needs your support. Till then you can follow the CLC Facebook for details, to know if this meeting will be held virtually or in person.

**In closing:** The CLC committee wish you happy holidays and again THANK YOU, for being present, for participating, for following and ESPECIALLY for continuing to support the Cercle des Loisirs de Cazaville.

René, Annie, Sonia, Manon, Mélanie, Joël, France



## St-Anicet Optimist Club news

December is always a busy month for the members and volunteers of the St-Anicet Optimist Club. 

For a second year, a Christmas drawing contest was held at the Des Jeunes-Riverains School in order to make **Christmas cards** for our seniors and our partners. Mailings will be done during the month.

To finance the school yard, the selected Christmas cards will be on sale for \$ 3 a card or \$ 10 for a package of 5 cards. You can order now via the Facebook page of the École Des Jeunes-Riverains or by e-mail at: [mariseperras@outlook.com](mailto:mariseperras@outlook.com). The cards can be picked up at the school according to the established schedule. You can consult our Facebook page or that of the school.

**Our Christmas toy distribution was held on December 12**, at the door of the Community Centre. Parents of children 0 to 10 from Saint-Anicet, Cazaville and Dundee were invited to register their child before November 19. According to a schedule, children came to see Santa Claus, the elf and the snow fairy. The mask was mandatory and social distancing was respected.

We are continuing our involvement with the Des Jeunes-Riverains School and we will be present for **pyjama breakfast at the school on December 23rd**.

We will resume our activities on February 12, 2022 with a Valentine dinner, all information will be available on our Facebook page.



Joyeux Noël  
Bonne et Heureuse Année





## HAPPY HOLIDAYS TO ALL!!

The entire board of directors of the Saint-Anicet Historical society wish you a wonderful end of 2021, a happy holiday and an excellent 2022 filled with health, fully energized for the future.

For us and for many organizations, 2021 is ending like a lion: Hallowe'en, Christmas Market and exhibitions. On that note, thank you to all who sent us your photos! And if you haven't seen it, it is always time to go on Saint-Anicet Street and admire our window display. Also, Christmas is around the corner and it's never too late to get a copy of the book « Saint-Anicet, d'hier à aujourd'hui », as a gift while supplies last or a commemorative mug.

As for us, our public activities are going into hibernation, but not our preparations for 2022. Thanks to all our visitors, volunteers and supporters!

Visit our web site: [historique-st-anicet.ca](http://historique-st-anicet.ca)

Follow us on Facebook : [@SocieteHistoriquedeSaintAnicet](https://www.facebook.com/SocieteHistoriquedeSaintAnicet)



**The holiday season is upon us and the Association des canaux de St-Anicet would like to take this opportunity to offer its best wishes to all citizens of Saint-Anicet.**

A special word for canal residents, we want to thank everyone that joined the Association.

It's not too late! You can also join the Association.

### Together we will succeed!

Please don't hesitate to contact the Association by email : [association.canaux@gmail.com](mailto:association.canaux@gmail.com)

Finally, we want to make a wish to mark the arrival of the New Year.

### We want 2022 to be a year of progress in the process of safeguarding our canals.

Rest assured that we are putting all our energy and effort into representing our members and that we are ready, now more than ever, to work with the new municipal administration to move this issue forward.

**HAPPY HOLIDAYS !**



## RECYCLING OF AGRICULTURAL PLASTICS

A new service for the farmers of Haut-Saint-Laurent

Plastics of the type to wrap hay bales, strings and cords, nets, tarps and silage bags can be picked up at the Saint-Anicet municipal garage (5001, route 132), you must call beforehand at 450 264-4302.

### Business hours:

Monday and Tuesday  
7 am to noon—1 pm to 4:30 pm

Wednesday and Thursday  
7 am to noon-1pm to 5 pm

Friday:  
7 am to noon



[www.upamonteregie.ca/notre-campagne-un-milieu-de-vie-a-partager-2/](http://www.upamonteregie.ca/notre-campagne-un-milieu-de-vie-a-partager-2/)



## VOLUNTEERS WANTED— Come join us

You are available, you have a vehicle and your driver's permit is valid?  
You want to feel useful by volunteering to accompany persons for medical reasons?

Giving– Giving

Give your time and SABEC:

\*Will reimburse your mileage for the transportation offered;

\*Will reimburse your meal (certain conditions apply);

These reimbursements are tax free.

Municipalities served: Dundee, Elgin, Franklin, Godmanchester, Havelock, Hinchinbrooke, Howick, Huntingdon, Ormstown, Saint-Anicet, Saint-Chrysostome, Sainte-Barbe, Très-Saint-Sacrement

Main service locations (hospitals): Ormstown, Salaberry-de-Valleyfield, Châteauguay, Montréal, Longueuil

450-264-1131 or 1-866-764-1131

sabec2641131@hotmail.com

## Simple steps to save nature



The lake Saint-François region is known for its rich habitats, its animals and its vegetation. Did you know that your property is also of great ecological value? Lake Saint-François, this widening of the Saint-Lawrence River, is as the heart of our history, a natural jewel that is full of treasures. The south shore is made up of wetlands and woodlands that:

- \* Play a water filtration role;
- \* Provides a choice habitat for many endangered species such as the geographic turtle and the speckled turtle;
- \* Shelters sensitive floral species such as the white-flowered zizane and the butter nut.



The region has precious natural sites and rare species that you can observe near you, by strolling on your property or traveling on the lake. You can give back to the animals their lost habitats and allow them to nourish themselves!

### What you can do:

- \* Install bird houses
- \* Install bat houses
- \* Leave dead trees and branches on your lot. *They enrich the soil with nutrients that are essential for many insects and birds such as the yellow-bellied sapsucker and the whitespotted sawyer. Even mammals such as bats, use them to reproduce or to shelter!*

You want more information, wish to protect your property or simply make a donation: [www.conservationdelanature.ca](http://www.conservationdelanature.ca) - 1 877 876-5444. Leader in private land preservation in Canada and a non-profit organization, Canadian Nature Conservation (CNC) has been at work in the Saint-Lawrence River region for about thirty years. To this day, the CNC has protected more than 1,400 hectares of natural habitats. And you can as well, contribute to the conservation of our natural heritage. It's together, on land and on water, that we can improve our fragile and precious ecosystems.

# SMALL REMINDER

## CALENDAR MUNICIPAL

You should have received your 2022 municipal calendar. Keep this calendar, it contains the **ONLY trash and recycling pick up schedule** as well as several municipal information.

## CHIMNEY SWEEP

All chimneys tied to a heat producing system must be swept at least once a year, paid by the owner. Don't forget to install a carbon monoxide detector if you have a combustion system (fireplace, furnace, etc.).

## HOLIDAY FREE SKATING SCHEDULE 2021-2022 COST \$2

Tuesday, December 21, 2021:	4 pm to 5:30 pm
Wednesday, December 22, 2021:	11:30 am to 1 pm
Sunday, December 26, 2021 :	1 pm to 2:30 pm
Monday, December 27, 2021:	11:30 am to 1 pm
Tuesday, December 28, 2021:	4 pm to 5:30 pm
Wednesday, December 29, 2021:	11:30 am to 1 pm
Sunday, January 2, 2022 :	1 pm to 2:30 pm

Wearing a mask is mandatory when entering and circulating in the arena. The proof of vaccination is mandatory for persons 13 years old and over who wish to go on the ice. You must present your proof of vaccination with an identity card. An identity card is required for children 12 or less. Unfortunately, due to certain restrictions, we can only accommodate a maximum of 50 persons per session.

For all other information contact the Huntingdon regional Arena at 1567 Fairview Road, Hinchinbrooke (Qc) J0S 1H0 at 450 264-5205.

## MASS SCHEDULE

Christmas and New Year	
Friday, December 24, 2021, Saint-Anicet	7 pm
Friday, December 24, 2021 ,Sainte-Barbe	9:30 pm
Saturday, January 1, 2022, Sainte-Barbe	9:30 am

For all other information contact the presbytery at 450 264-2059

## POST OFFICE HOLIDAY SCHEDULE

December 24, 2021:	Closing at 4 pm
December 25 to 28, 2021:	Closed
December 29, 2021:	9:30 am to noon - 2 pm to 5 pm
December 30, 2021:	9:30 am to noon - 2 pm to 6 pm
December 31, 2021:	Closing at 4 pm
January 1 to 3, 2022:	Closed

For all other information contact the post office at 450 264-4946

## DOG LICENSE

All owners or keepers of dogs must get a license within 30 days of getting a dog. The cost of the license is \$ 25, and is valid from January 1 to December 31 and renewable annually.

# ACTIVITIES ARE BACK

## BRIDGE

Contact: Ghislaine Cardin  
Téléphone: 450 264-3400

Wednesday 1 pm to 4:30 pm  
333 Jules-Léger Avenue



## CARDIO 60 +

Contact: Micheline Larocque  
Téléphone: 450 264-8246

Mon. & Wed. 9 am to 10 am  
1560 Saint-Anicet Street



## CARDIO STEP

Contact: Renée Guernon  
Telephone: 450 802-8098

Monday 5 pm to 6 pm  
1560 Saint-Anicet St.



## CROSSFIT

Contact: Renée Guernon  
Telephone: 450 802-8098

Thursday 5 pm to 6 pm  
1560 Saint-Anicet St.



## DANSE

Contact: Lise Guinard  
Telephone: 450 264-4948

Tuesday 1 pm to 3 pm  
333 Jules-Léger Avenue

Courriel: [liliguiisback@outlook.com](mailto:liliguiisback@outlook.com)



- **NEW**— On line courses to learn **FALUN DAFA** (Falun Gong)

Come discover the beauty of inner growth and what allows millions of persons around the world to be happy, healthy and full of energy!

- Free course.
- no need to install a program
- on your computer or ipad.
- Introduction, Teaching the 5 exercise series and a question session.
- Register at <http://www.learnfalungong.com/fr>

[falundafa.org](http://falundafa.org)

You can always participate in person throughout the region.

- Schedule: -

**Saint-Anicet Tuesday 9 am (333 Jules-Léger Ave.) Salaberry-de-Valleyfield Friday 12:30 pm—new schedule to be determined** Contact : **Carolle Caza** Telephone: 450 264-6064 or 514 973-6064



## KARATE

Contact: Liette Legault  
Téléphone: 450 567-0336

Mon. & Wed. 6:30 pm to 9 pm  
1560, rue Saint-Anicet



## BEAN BAGS

Contact: Nicole Martel  
Telephone: 450 264-9796

Monday 12 pm to 4:30 pm  
1560 Saint-Anicet St.



## YOGA

Contact: Andrée Lafontaine  
Telephone: 450 264-5500

New schedule to be determined  
333 Jules-Léger Avenue

## NEW

### GYMNASTICS + YOGA PARENT-CHILD

Children 3 to 5 accompanied by a parent

Contact: Annie-Effijie Brault  
Telephone: 514 268-7801  
E-mail: [effijie@hotmail.com](mailto:effijie@hotmail.com)

### SPORT TRAIL COURSE

For all

Contact: Annie-Effijie Brault  
Telephone: 514 268-7801  
E-mail: [effijie@hotmail.com](mailto:effijie@hotmail.com)

### WRITING WORKSHOP

For all

Contact: Nathalie Boisvert  
Telephone: 438 527-0238

Schedule to be determined